

Sample #1 – ASAM Based Documentation

Name of member:

Age:

Substance Use Disorder Dx:

Dimension 1-Detox: This should be currently being experienced:

1. What is the risk associated with pt. current level of acute intoxication?
2. Is there significant risk for severe with/drawl symptoms and seizures based on previous with/drawl?
3. Are there current withdrawal signs? Achy, pains
4. Does the member have supports to assist in ambulatory detox, is medically safe?

Dimension 2-Bio-Medical

1. Are there current physical illnesses, withdrawal, that need to be addressed or that may complicate/interfere with treatment?
2. Are there chronic conditions that affect treatment, are symptoms stabilized with medication?
3. For clients with chronic pain issues, how is pain management or coordination with Client's primary Physician being handled? Are alternate ways of coping with pain being explored other than use of narcotic pain medications?

Dimension 3-Emotional/and behavioral

1. Psychiatric diagnosis, current symptoms causing distress:
2. Current medication, dosage, date prescribed, compliance with meds:
3. Do any behaviors complicate Tx process, specific examples and how those behaviors relate to substance abuse:

Dimension 4- Readiness to change:

1. Does member feel coerced into Tx?
2. How much is client participating in Tx; groups and individuals?
3. Only compliant to avoid negative consequences?

Dimension 5 - Relapse/Continued use potential

1. Awareness of triggers; both internal and external:
2. Ability to relate negative/counter-productive behaviors in Tx to using behaviors.
3. Does member have any skills recognition understanding of how to cope with triggers/using behaviors?
4. Is client able to practice those skills, such as delay of gratification, increased ability to tolerate frustration at any level of frequency?

5. Is client developing a relapse prevention plan, current progress on development and/or implementation, how does the client plan to stay sober post treatment?

Dimension 6- Recovery environment:

1. Living situation post Tx
2. Legal involvement, current and/or pending
3. Social support
4. Family situation and participation in Tx process
5. Employment ability/opportunities post Tx
6. Next Tx level that is recommended with anticipated date of admission