

Sample #2 – ASAM Based Documentation

Name of member:

Age:

Substance abuse diagnosis:

Length of time at current Level of Care:

Dimension 1-Detox: This should be currently being experienced:

- Describe risk associated with the client's current level of acute intoxication.
- Describe risk for severe withdrawal symptoms and seizures based on previous withdrawal.
- Describe current withdrawal signs such as aches and pains.
- Describe supports to assist in ambulatory detox, if medically safe.

Dimension 2-Bio-Medical

- Describe physical illnesses that need to be addressed, or that may complicate/interfere with treatment.
- Describe any chronic conditions that may affect treatment.
- If there are symptoms of chronic conditions, are they stabilized with medication, have alternative pain management other than narcotics been explored?

Dimension 3-Emotional/behavioral

- Is there a psychiatric diagnosis? If so, describe current symptoms.
- List current medications? Document specific dosage, date prescribed and level of medication compliance.
- Describe any behaviors that may complicate the tx process. Please include specific examples and how those behaviors relate to substance abuse.

Dimension 4- Readiness to change:

- Does the client feel coerced into tx?
- Describe specifics re: the client's participation in tx, both individual and group.
- Is the client only compliant to avoid negative consequences?
- Describe how client perceives the negative vs. positive aspects of using and sobriety (cost/benefits analysis).

Dimension 5 - Relapse/Continued use potential

- Describe the client's awareness of triggers, both internal and external
- Describe the client's ability to relate negative/counter-productive behaviors in tx, to using behaviors; does client have self-confidence in their ability to change their behaviors during and post tx.
- Describe how reactive client is to stress, frustration and other triggers in tx.
- Document the client's skills recognition or understanding of how to cope with triggers/using behaviors.
- Describe the client's ability to practice above skills, such as delay of gratification or increased ability to tolerate frustration at any level of frequency.
- Describe the relapse prevention plan. Describe the client's progress on development and implementation of that plan and how active or passive are they in making recovery plans.

Dimension 6- Recovery environment:

- Describe the plan to address client's living situation after d/c.
- Document any current or pending legal involvement.
- Describe the client's current social support system.
- Describe the client's current family situation, and specifics re: their level of participation in tx.
- Describe the client's realistic opportunity and plan for employment after tx.
- What is the next tx level that is recommended, and what is the anticipated date?