

AFTERNOON PLENARY

Dave Delvaux, M.S, LBS

Clinical Liaison
Clarion Psychiatric Center

“Suicide Prevention” & “Wellness Family Feud”



David received his M.S. in Rehabilitative Science from Clarion University of Pennsylvania. He began his career at The Watson Institute as the coordinator of Community Based Instruction and Education consultant and provided them with 12 years of service. He relocated to Mercer and was employed with Paoletta Counseling Services as a Licensed Behavioral Specialist/Therapist for 13 years. David is currently employed at Clarion Psychiatric Center as Clinical Liaison. He is also a Board member of the Clarion County Coalition on Suicide Prevention in Clarion County. Join us as Dave gives us a brief presentation on Suicide Prevention and completes our day with the “Wellness Family Feud”.

Forum Schedule

8:45 am	Registration/Exhibits/ Continental Breakfast
9:30 am	Welcome and Opening Remarks
9:40 am	Keynote Speaker
10:40 am	Break/Exhibits/Networking
11:00 am	Leadership in Recovery Awards Ceremony
11:45 am	Lunch and OMHSAS Update
12:45 pm	Afternoon Panel Discussion
1:45 pm	Break/Turn in Name Badges for Raffle
2:00 pm	Afternoon Plenary Presenter
3:15 pm	Wrap Up/Gift Basket Raffle

Please return registration by April 6, 2018

Each guest must be registered individually by name. Please duplicate this form as needed.

Name: _____

County: _____

Phone: _____

Email: _____

All are welcome to attend; however, due to limited space, HealthChoices members will be given priority registration.

I am (check all that apply):

_____ Individual in Recovery

_____ Provider/Agency Staff (*Please write provider/agency name:*)

_____ Other (*Please specify:*)

I plan to attend (please check all that apply):

_____ Morning Session

_____ Buffet Lunch

_____ *Dietary restrictions*

_____ Afternoon Sessions

Please dress in layers to stay warm!

Please send completed registration form to:

Lisa Wilt

Beacon Health Options (VBH-PA)

PO Box 1840

Cranberry Twp, PA 16066

(724) 744-6363 Fax

Lisa.Wilt@beaconhealthoptions.com

(Phone-in registrations WILL NOT be accepted.)

If you have any questions, please call Sue Klaus at (724) 744-6501.



Formally Value Behavioral Health of PA

Presents:
**Realizing Recovery:
Motivate to Advocate
We Can, We Will**



18th Annual Adult Recovery Forum

Friday, April 13, 2018

8:45 a.m. ~ 3:30 p.m.

Pittsburgh Marriott North
100 Cranberry Woods Drive,
Cranberry Twp., PA 16066

www.marriott.com

KEYNOTE SPEAKER

Sharon Greene, MA

Executive Administrator
The Arc of Westmoreland

“Bullying in Our Adult World”

Bullying exists in the adult world. Bullying does not only happen to children, in fact, chronic bullies seem to maintain their behaviors into adulthood taking them into the community and the workplace. This presentation will identify different types of adult bullies and will teach strategies to apply to particular situations.



Sharon is the Executive Administrator for The Arc of Westmoreland (a member of the ACHIEVA Family of Organizations). Sharon has over 20 years of experience working with individuals with Autism Spectrum Disorder and Intellectual Developmental Disabilities across the age span within the Behavioral Health Rehabilitation Services System (BHRS), and also in the field of Special Education. Sharon is active in her community. Sharon is a member of several local Human Service committees in Westmoreland County including the Transition Coalition. Sharon is on the Management Team of the Westmoreland County Special Olympics. Sharon has developed many volunteer opportunities for the Individuals with Autism and Intellectual and Developmental Disabilities. Sharon's biggest passion is bullying prevention. Sharon is a National Certified Trainer of the Olweus Bullying Prevention Program and supports provisional trainers across the United States as an Olweus Technical Assistant Consultant. Sharon has a Master of Special Education Degree from Seton Hill University and holds professional memberships with the Westmoreland Chamber of Commerce, The International Bully Prevention Association, and the Autism Society of America Westmoreland County, Pennsylvania Chapter.

AFTERNOON PANEL DISCUSSION

“Need Some Insight? A Peer’s Perspective”



Shasta Wilkinson

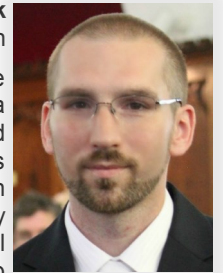
Certified Recovery Specialist, Armstrong-Indiana-Clarion Drug and Alcohol Commission

Shasta Wilkinson identifies as a person in long term recovery. After more than 2 decades of succumbing to substance use disorder that nearly ended her life, Ms. Wilkinson was offered treatment and able to find recovery. Her road to recovery wasn't easy as she was faced with responsibility of sorting through and managing co-occurring conditions of substance use disorder, depressive disorder and PTSD. The emotional struggle of overcoming these disorders has led her to a place of growth, self-awareness and inner peace that she never deemed as possible. 2013 was an eventful year for Shasta as she became cross-credentialed as a Certified Recovery Specialist (CRS), Certified Peer Specialist (CPS) and Recovery Coach. Ms. Wilkinson also works with PRO-A to facilitate CRS trainings for individuals seeking credentialing through the PCB. Today, Shasta is dedicated to sharing her recovery and reducing stigma by being proof and hope that recovery is possible. Listen to Shasta's story and join the panel discussion as we address co-occurring conditions within the behavioral health system.

Mike Krafick

Certified Recovery Specialist, Armstrong-Indiana-Clarion Drug and Alcohol Commission

Mike Krafick is a Certified Recovery Specialist (CRS) and has been employed at The Armstrong/Indiana/Clarion Drug and Alcohol Commission since March 2010. He is also a Recovery Coach, Recovery Coach Trainer, a Trainer for The Science of Addiction and Recovery and a PRO-A trainer for the CRS Training Series. In January 2012 Mike was promoted to CRS Supervisor, he is responsible for direct supervision of 7 CRS Staff in Armstrong, Indiana, and Clarion Counties. Working as a CRS has given Mike the opportunity to give back and help others achieve recovery. Mike is in long-term recovery himself, he will celebrate 10 years of recovery on April 24, 2018. Mike is the President of The Advocacy Group for Addiction Recovery, he was awarded the CCAP Affiliate of the Year Award in 2015 for his advocacy efforts around Act 139 (Naloxone Legislation), and he is actively involved in several groups to reduce the stigma around the disease of addiction.



Ashley Potts

Licensed Social Worker, Center of Excellence, Allegheny Health Network



Ashley Potts is the Social Worker for Allegheny Health Network's Center of Excellence for Opioid Use Disorders. She has worked in the behavioral health field for ten years holding a variety of positions from direct service worker to administrative roles. Ms. Potts holds a Bachelor's Degree in Arts and Master's Degree in Social Work from California University of Pennsylvania. She is a licensed social worker in the state of Pennsylvania. Ashley is a member of the United States Attorney's working group on addiction, intervention, treatment, and recovery, a member of the regional FBI HOPE (heroin, opiate, prevention education) group; and served as a member of the Joint State Government Commission's Advisory committee on Addiction Treatment Services. Ms. Potts has spoken to thousands of individuals of all ages throughout Western Pennsylvania on the topic of opioid addiction. These have included several local school districts, public forums, and panel discussions. Most recently, Ms. Potts has presented at the state capital in Harrisburg, for United States Senators in Washington D.C., and was featured in a documentary produced by WQED, all focused on opioid use. Ms. Potts is an advocate for those in recovery and actively seeking recovery modalities. She has assisted in creating Recovery Advocacy Day in Harrisburg which is now a state wide event, local recovery walks, and many other community integration projects to help support those in recovery, reduce stigma and bring the community together, around a crisis in our society.